Aged Care

Designing environments for ageing well



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By 2050, **10%** of the OECD countries will be over 80 years old¹

By 2050, the number of people living with dementia is estimated to almost triple (reaching 150 millions)²

70% of people in care homes have dementia or severe memory problems³

OECD health statistics 2017
World Health Organization
Alzeimer's research UK

DESIGNING AN ENVIRONMENT FOR AGEING WELL

We are living longer thanks to advances in the healthcare segment. But with ageing come declining faculties and specific challenges. Dementia may cause further complications.

Many aged care facilities today cater to both ageing residents and people living with dementia. In practice, the specific needs of people with dementia take priority over the requirements of the other residents. The environment must nonetheless work and be supportive for all users. When designing for the elderly, there are three key areas of focus:

- 1. Encourage residents and staff to actively participate in daily care tasks by creating a warm social environment.
- 2. Adapt the physical environment to the elderly and the many changes they experience.
- 3. Take into account the effects of dementia, such as cognitive difficulties.

It is important to take all of these factors into consideration when designing a care home. Good, inclusive design isn't necessarily costly, and it can change the lives of care home residents. Our recommendations are the outcome of field research and interviews with doctors, academics, architects, residents themselves, their families and care staff, all of which is summarised in our White Paper^{*}.

The aim of this guide is not only to draw your attention to age-related difficulties and the importance of good design in enhancing quality of life among the elderly but also to guide you in your choice of material.

DEMENTIA'S EFFECTS ON PERCEPTION AND UNDERSTANDING

Dementia refers to a range of progressive neurological disorders affecting memory, cognitive function and communication, and it comes in different forms. Alzheimer's disease is the most common, occurring in 50 to 75% of cases, but there are also other types, such as vascular dementia and dementia with Lewy bodies. In addition to problems related to ageing, sufferers have trouble perceiving three-dimensional objects and relating what they see to their physical reality, leading to misinterpretation. They feel more anxiety and stress and often develop challenging behaviours.

* For all information, please go to: designingfordementia.tarkett.co.uk



"Design for dementia patients has a radical impact on the understanding of interior design. [...] Factors of interior space perception, such as orientation, safety, movement, balance and acknowledgement are now to be integrated in each phase of the interior design."

Prof. Dipl.-Ing. Rudolf Schricker, President BDIA

UNDERSTANDING SENSORY AND EMOTIONAL ISSUES FOR ELDERLY PEOPLE WITH AND WITHOUT DEMENTIA

SENSORY AND EMOTIONAL ISSUES RELATED TO GENERAL AGEING



Reduction of contrast

Reduction of luminescence
Decrease of visual field

- · Decrease of visual field
- · Discomfort to glare
- · Disorder of circadian rhythm



Loss of muscular strength



General loss of hearing Discomfort to noisy environments or certain frequencies



Short-term memory loss

SENSORY AND EMOTIONAL ISSUES FOR ELDERLY PEOPLE WITH DEMENTIA (APART FROM OTHER PATHOLOGIES)



Different colour perception Hearing difficulties when there is background noise Altered smell, touch and taste

Communication issues

• Mood changes

- Disorientation

Difficulties with daily activities



Difficulty seeing in 3D Difficulty seeing dimensions if the same colour is used Misunderstanding contrasts patterns, shadows and shiny surfaces, causing anxiety



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• Uncertainty about the time or date • Difficulty remembering recent events • Perceptual/recognition difficulties: people, objects, patterns • Reduction of learning capacity

ENSURING RESIDENT COMFORT

Moving into a retirement home is unsettling, as it often follows a downturn in health which prevents continued autonomous living. More than anything, new residents need to be reassured about their new environment. Part of that reassurance can come from stimulating their memory, which plays an important role in their self-awareness and sense of identity.

HEARING LOSS AFFECTS





Comfort is the key word to welcoming a person into their new home. Avoid the institutional feel of a hospital or hotel with their big spaces and long corridors. **There should be no sense of stigma about the need for support or treatment.**

PROVIDE A PEACEFUL ENVIRONMENT

For people with hearing difficulties, **low ambient noise makes communication easier**, especially in areas such as dining rooms where social interaction is essential and encouraged. A quieter environment **also removes a source of anxiety** for residents living with dementia.

OUR RECOMMENDATION

- Choose familiar designs with a **subtle pattern or texture to stimulate memories** (traditional wood, ceramic tiles, carpet effects).
- · Choose rather subtle contrasts or **plain patterns** to avoid confusion.

OUR RECOMMENDATION

- **Choose flexible flooring over tiling**. Tiles reflect sound and add to the general noise, whereas flexible flooring absorbs sound, keeping it at a comfortable level.
- Prefer acoustic solutions for the busiest and noisiest rooms.

* Source: World Health Organization

"A good floor space for older people, and particularly those with dementia, allows and encourages activities, involvement, loyalty, comfort and ultimately identity in a positive way. People with dementia need to feel that every detail is designed to generate well-being. The floor is key to the environment."

Prof. Dipl.-Ing. Rudolf Schricker, President BDIA



USE PLAIN PATTERNS, MATERIAL EFFECTS WITH SUBTLE PATTERN

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Acczent Excellence Brushed Oak Medium 25132026



ID Inspiration Tisse Green 24207091



ID Inspiration Polished Concrete Dark Grey 24207077



Acczent Excellence Esquisse Light Chocolate 25128017



AVOID BUSY PATTERNS, DARK COLOURS AND HIGH-CONTRAST DESIGNS



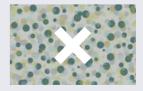
Acczent Excellence Cubic Bright Orange 25130162



ID Inspiration Rustic Oak Stone Brown 24210121



ID Inspiration Contempory Oak Natural 24275111



Acczent Excellence Bubbles Cold Mix 25130143

FACILITATING VISUAL PERCEPTION

Our vision becomes less acute as we grow older. Our field of view narrows as our neck muscles weaken and our head drops. We lose our 3D perception and can less readily switch between close and distant objects. We see less detail and colour and suffer more from glare.

SIGHT LOSS AFFECTS







As the eye's lens gradually yellows with age, our colour perception is affected. We are **less able to perceive contrast**, colours become less vivid and more monochrome (red can start to look like pink) and we have trouble distinguishing shades of blue or green. Colour contrast is therefore **key to providing visual clues for doors, handles, controls and furniture**, thereby enabling people with poor sight **to better make sense of their surroundings**.



People with impaired vision need more light and **older** eyes need two to three times more light than young ones to see properly. Variations in light cause sight problems for the elderly, so uniform lighting is recommended along with the avoidance of shadow and darker areas, which can be unsettling to people with dementia.

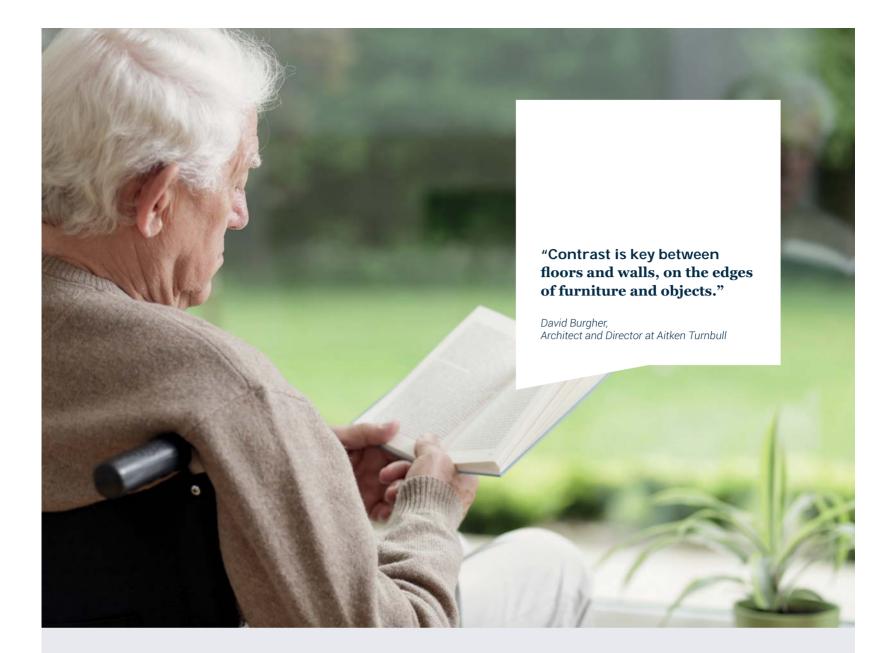
OUR RECOMMENDATION

- Ensure a difference in light reflectance value (LRV) of at least a 30 points between adjacent critical surfaces such as flooring and walls, flooring and furniture, and wall and handrail.
- Avoid unsaturated colours such as pastels, which are difficult to tell apart.

OUR RECOMMENDATION

- For optimal visual comfort, flooring should ideally have a Light Reflectance Value (LRV) between 20 and 40.
- \cdot Use flooring with a matte finish to prevent glare and a "wet look".

* Source: Royal National Institute of Blind People

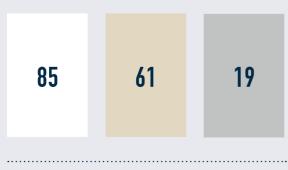




INCORPORATING LIGHT REFLECTION VALUES INTO DESIGN

The light reflectance value (LRV) is the total quantity of light reflected by a surface when illuminated by a light source. The LRV scale runs from 0, which is the darkest or least reflective, to 100, which is the lightest or most reflective. Taking LRV into account can help understand how much contrast is visible, as well as how much lighting is required to create a comfortable environment.





Suggested levels of lighting and light redistribution for specific areas



ENCOURAGING MOBILITY

In addition to maintaining motor skills, continued mobility benefits cognitive performance and enables older people to be more independent, boosting their self-esteem. Essential to their mobility, therefore, are interior spaces that are easy and safe to move in, including with a wheelchair, cane or walker. Distances should be carefully planned; pleasantly tactile handrails and resting points give residents the confidence to explore.

FALLS AFFECT







Used carefully, **the right contrast between colours** enhances visual perception, encouraging fluid mobility and helping residents to find their way without feeling like there are obstacles in front of them.

HELPING TO PREVENT FALLS AND CALM THE FEAR OF FALLING

Fear of falling is a common problem for many older adults, especially those living in aged care facilities. Their fear can contribute to self-restriction of activities, isolating themselves, and additional physical decline, ultimately increasing still more their risk of falling.

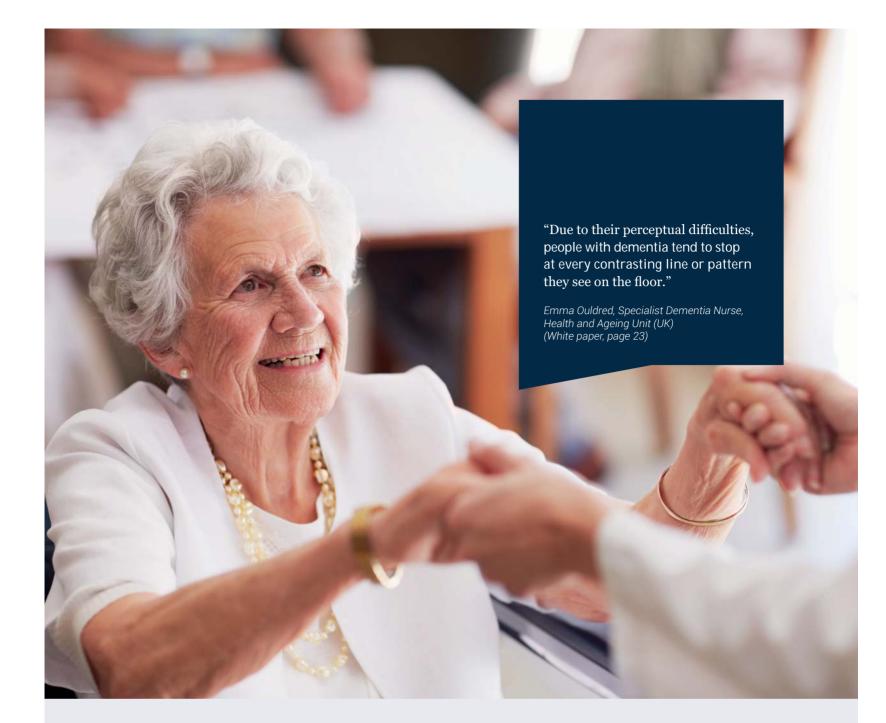
OUR RECOMMENDATION

- Ensure a difference in LRV of at least a 30 points between adjacent critical surfaces such as flooring and walls, flooring or wall and furniture, and wall and handrails. Contrasting borders can be used to create a path and improve guidance.
- To ease transitions from one room to another, do not exceed **an LRV difference of 10 points** between two adjacent floor surfaces or between a threshold strip and the floor surface to avoid the illusion of a step or a hole (black shape in the middle of a light corridor).

OUR RECOMMENDATION

• To further encourage residents' mobility, smooth, matte and slip-resistant floors that are free from obstacles and comfortable to walk on will help reduce the risk of falls and accidents.

* Source: World Health Organization













LRV wall: 70 LRV floor: 18



LRV hallway: 6 LRV entrance: 30



LRV hallway: 20 LRV bedroom: 28

ENSURING GOOD INDOOR AIR QUALITY

Indoor air pollution can be up to five times greater than outdoor air pollution.¹ **The elderly are potentially more exposed to indoor air pollutants** than the rest of the population, because they spend more time inside. Keeping the elderly in good health by contributing to the prevention of chronic diseases is a major challenge for care homes.

"A comparison between elderly and the rest of the population regarding respiratory health effects of indoor air pollution by VOCs exposure shows a higher prevalence of breathlessness in the former compared to the latter in spite of similar levels of air pollutants in their dwellings."²



VOCs (Volatile Organic Compound) are volatile substances used in materials that can be emitted to indoor air. They can have multiple origins: floor or wall coverings, paint, cleaning products, air fresheners, furniture and considerably degrade the quality of indoor air.



Phthalates are mainly used as plasticizers (substances added to plastics to increase their flexibility, transparency, durability and longevity). Nevertheless, phthalates have been the subject of scientific debate about their potential impact on human health.

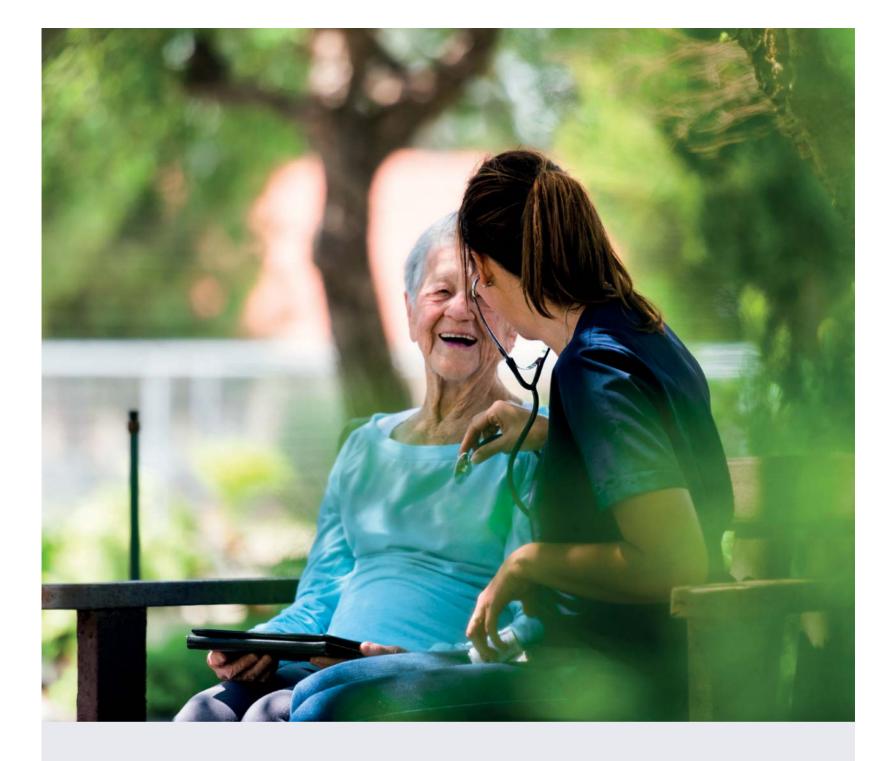
OUR COMMITMENT

- Tarkett's products have VOC emissions 10 to 100 times lower than the levels required by European standards (<1000 μg/m³ at 28 days).
- Our surface treatments allow **low maintenance** (without any stripping and polishing needed) that avoid occupants' exposure to harmful chemicals.

OUR COMMITMENT

- Since 2010, Tarkett has proactively developed alternatives to phthalates, investing considerably in R&D.
- Today, all Tarkett vinyl products manufactured in EMEA are close to 100% phthalate-free.

1. Hulin et al. "Respiratory health and indoor air pollutants based on quantitative exposure assessment," European Respiratory Journal, Oct 2012 2. Bentayeb et al. "Higher prevalence of breathlessness in elderly exposed to indoor aldehydes and VOCs in a representative sample of French dwellings" Respiratory Medecine. Vol. 107, Issue 10. Oct. 2013.





USING GOOD MATERIALS FOR GOOD INDOOR AIR QUALITY

TARKETT RANGES	IQ/PREMIUM/MULTISAFE (HOMOGENEOUS VINYL)	PLATINIUM & EXCELLENCE 80 (HETEROGENEOUS VINYL)	ID INSPIRATION 55/70, ID INSPIRATION CLICK (LVT)	ID CLICK ULTIMATE (LVT)	SAFETRED (SAFETY)
TVOC level (including formaldehyde) after 28 days (µg/m³)	<10 *	<10	<10	<100	<100
Phthalate-free **	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
REACH compliancy (Registration, Evaluation, Authorization and restriction of CHemicals)	✓	✓	✓	✓	✓

* iQ One ≤ 100 ** Close to 100% phthalate-free

DESIGNING A SUSTAINABLE BUILDING

Adopting a life-cycle approach for the construction of the building is key to reducing environmental impacts while contributing to the well-being of the occupants. At Tarkett, we strive to support both our professional clients and consumers in creating healthy, beautiful and sustainable living spaces. Working with industry partners, we're bringing our best thinking and efforts toward making a positive impact on people and the planet.



DESIGNING FOR LIFE

People spend 90% of their time indoors, working, learning and relaxing. We help you to create healthier, safer, more people-friendly indoor spaces by designing high-quality, sustainable products. In particular, by continuously improving the health and environmental credentials of our products, we strive to select materials that can be recovered, recycled and transformed into new products. Through our focus on Cradle to Cradle® design, we make our products in a way that helps to preserve natural resources and mitigate climate change.



CLOSING THE LOOP

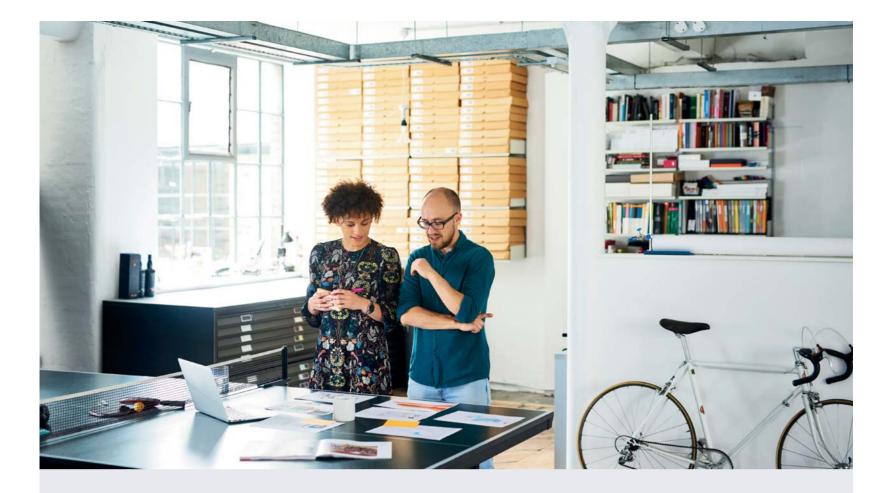
With our ReStart[®] take-back programme, we help you to manage your flooring waste effectively while contributing to safeguarding the world's natural resources and protecting the environment. We recycle your flooring off-cuts and waste from our production, transforming it into new, high-quality products. In this way, we can collectively close the loop and shift to a circular economy.





DRIVING COLLABORATION

The world's great sustainability challenges require cooperation and partnership across industries and supply chains. We encourage our customers and all our stakeholders to join us in working toward positive change. Importantly, we communicate our sustainability progress transparently, and provide you with clear information about our products and ambitions.





A GOOD CHOICE OF FLOORING CAN HELP REACH THE HIGHEST LEVELS OF SUSTAINABLE REQUIREMENTS

Green building labels (such as BREEAM, DGNB, HQE, LEED, WELL...) set guidelines and standards for sustainable buildings regarding indoor air quality, water and energy consumption, and waste management. Find below an example of how flooring can help you address up to 8 issues and achieve 15 credits for the BREEAM label.

ISSUE	BREEAM CREDITS	IQ/PREMIUM/MULTISAFE (HOMOGENEOUS VINYL)	EXCELLENCE 80/PLATINIUM (HETEROGENEOUS VINYL)	ID INSPIRATION 55/70 (LVT)	LINOLEUM	SAFETRED (SAFETY)
Health and Well-Being Hea02 – Indoor Air Quality	1	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Health and Well-Being Hea05 – Acoustic performance	MAX 4	\checkmark	\checkmark	\checkmark	\checkmark	✓
Materials Mat02 – Life-Cycle Impacts	1	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Materials Mat03 – Responsible Sourcing of Construction Costs	MAX 3	~	✓	✓	✓	✓
Materials Mat05 – Designing for Durability and Resilience	1	\checkmark	\checkmark	\checkmark	✓	✓
Materials Mat06 – Material Efficiency	1	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Waste Wst01 – Construction Waste Management	3	✓	\checkmark	✓	✓	✓
Waste Wst06 – Functional Adaptability	1	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

Let us know which green label certification you want to get and what you wish to achieve: our teams will be able to advise you on the best flooring solutions.

CONTRIBUTING TO CAREGIVERS' QUALITY OF LIFE AT WORK

The work in nursing homes is demanding for staff, both mentally and physically. A better working environment contributes to reduced stress and fatigue. Our flooring solutions make rolling of wheelchairs and cleaning easier. It is also comfortable to walk on and reduces overall noise.

Back pain is one of the most frequent complaints in the nursing profession.



Cleanliness is of paramount importance to creating a positive first impression on visitors and a welcoming environment. In a care home, flooring is highly exposed to spills from drinks, food and bodily fluids. Choosing solutions that protect against leaks, odours and risk of infection is crucial. **Impervious flooring that is easy to clean also ensures a high level of hygiene without taking up too much staff time**.



Slipping, tripping and falling are among the most common causes of major injuries at work. Some areas are especially at risk, such as where water is used or liquids are spilled. In the corridors and the common areas, the floor should offer low rolling resistance in order to allow effortless movement of wheelchairs and trolleys.

OUR RECOMMENDATION

For areas with high exposure to liquids:

- Vinyl flooring in rolls joined by hot welding rods makes watertight installations with no leaks.
- Surface treatments also help to **facilitate** daily cleaning.

OUR RECOMMENDATION

- · Choose a flooring with slip resistance adapted to your requirements.
- Choose a floor with a low indentation value, especially in the corridors and the common areas, to ease rollabillity.



CHOOSE FLOORING ADAPTED TO THE ROOM REQUIREMENTS

	STANDARDS	STANDARD REQUIREMENT			
		Class A (occasional water protection): angle >12°			
Barefoot areas Shower rooms, Lockers	DIN 51097	Class B (shower room – changing room): angle >18 $^\circ$			
		Class C (constantly under water): angle >24°			
	EN13845 ANNEX C	Esb: angle >15°			
	DIN 51130	R10: Occasional water spillages			
	DIN 51130	R11: Water and viscous spillages			
Vearfoot areas Kitchens, Lavatories,	BS7976 Part 2 =	>36°			
Workshop	TRRL Pendulum 4S (wet)	>30			
	Surface roughness rz	>20 µm			
	EN13845 Annex C	Esf: angle >20°			

OPTIMIZING MAINTENANCE OPERATIONS

Because flooring withstands high traffic, spills, shocks and bumps, you can opt for robust flooring that lasts longer, spacing out renovations, or you may want to renew flooring more frequently. It is therefore important to choose the best flooring option according to your needs in order to reduce operating costs.



Less than 10% of the total cost is represented by purchase and installation.



90% of the total cost is related to cleaning and maintenance.



Maintenance plays a major role in the cost of ownership for flooring. Life-Cycle Cost analysis show that purchase and installation represent less than 10% of the total costs. More than 90% is related to the cleaning and maintenance. Lifespan, maintenance requirements and costs should be a key part of your flooring decision.



You may need to replace some flooring frequently, in residents' rooms for example. In this case, loose lay solutions are the most suitable option to minimise downtime.

OUR RECOMMENDATION

- Tarkett's highly resistant surface treatments facilitate and shorten cleaning operations and lower consumption of chemicals, water and electricity, generating significant savings and limiting environmental impact at the same time. This allows you to reduce cleaning costs by up to 30%^{*} compared to floorings requiring wax and polish.
- Thanks to our LCC software, we can provide you with an estimation of the total cost for cleaning and maintenance of our different products.

OUR RECOMMENDATION

• Our Acczent Unik compact loose lay rolls offer good compromise between hygiene and ease of renovation, especially in areas with high exposure to spillages. In a room of 20 square metres, installation is 40% faster than glue-down flooring.

* Refer to Tarkett Life-Cycle Cost (LCC) software

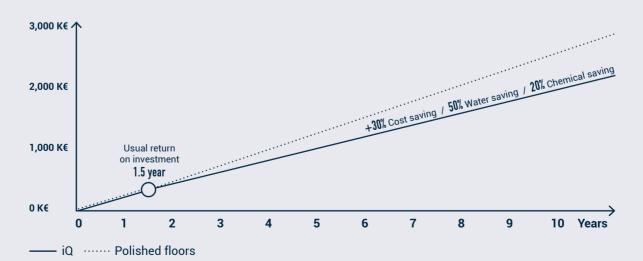


HOW TO ESTIMATE YOUR SAVINGS WITH OUR LCC SOFTWARE

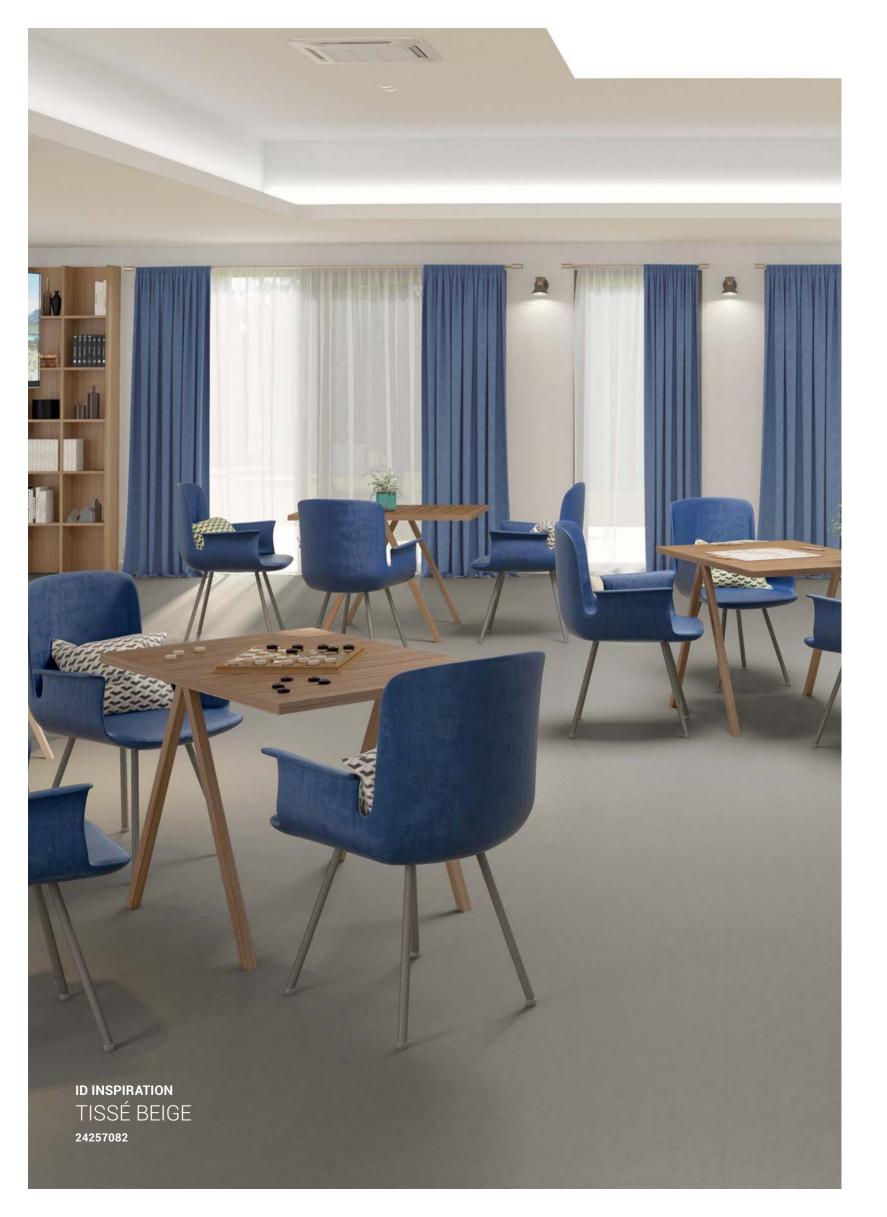
1. Contact your local Tarkett team.

2. Tell us more about your cleaning protocols (cleaning equipment, daily cleaning...).

3. Choose one or several floorings for comparison.



Example of cost savings with iQ floor



A SOLUTION FOR EVERY SPACE

We have now seen that good, inclusive care home design takes into account the distinct challenges faced by the elderly in terms of perception, mobility and cognitive awareness – with or without dementia – and also allows staff to provide efficient care without strain.

We now look at specific spaces within a care home, and based on our experience working with a number of experts, we suggest solutions adapted to each. Architects, care home directors and staff alike can find practical ideas to provide comfort, personalisation, durability and safety while creating a welcoming, safe and social environment for both residents and staff.

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"It is very important to use colour contrasts and to make a clear distinction between the floor and the walls, without using colours or patterns that are too alike. Choose furniture in colours that stand out clearly from the walls and flooring."

Prof Suzanne Cahill, Research Director, Trinity College, Dublin, Ireland

> IQ GRANIT GREY BEIGE 3040419

- H J

PROTECTWALL 1.5 UNI BRIGHT RED 26500045

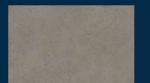
FOCUS: THINK ABOUT COLOUR CONTRASTS TO ENCOURAGE MOBILITY

Contrast, colour and patterns can all be used to aid failing eyesight in finding its way.

- · Choose colours with an LRV difference of 30 points between floors and walls
- · Avoid black colours and patterns that may disturb residents
- · Avoid strong contrast on the floor to allow fluid movement
- · Use a matte finish to avoid glare
- Do not exceed a 10-point LRV differential between 2 colours to allow continuous movement

Right Floor & Wall association

Floors



Acczent Excellence 80 Concrete Warm Grey 25128504 – LRV 19

Walls



ProtectWall 1.5 Tisse Light Aqua 26500029 – LRV 52



iQ Optima Mono Soft Warm Grey 3077206 – LRV 38



ProtectWall 1.5 Uni Intense Plum 26500051 – LRV 7

CORRIDORS

Helping residents to be active means encouraging them to stay as mobile as possible. It is therefore important to bring confidence to the residents so that they can move easily from place to place. Light, designs and colour contrast are key to enhancing visual perception, way finding and orientation.



TARKETT'S RECOMMENDED SOLUTION

FLOORS

> YOUR NEED: LONG-LASTING SOLUTION

iQ

- Homogeneous vinyl
- · Large choice of subtle patterns
- \cdot High wheelchair rollability thanks to
- a 0,02 mm indentation
- · High traffic resistance
- \cdot High durability with surface property restoration
- · Cost-effective maintenance

> YOUR NEED: BEST DESIGN/PERFORMANCE RATIO

Acczent Excellence 80 Compact heterogeneous vinyl

· Designed for high visual comfort:

- Large choice of warm & natural colors with 50% of the colors with LRV between 20 and 40
- 100% matte finish to avoid glare
- Right contrast combination possibilities with ProtectWall 1.5
- High wheelchair rollability thanks to a 0,02 mm indentation
- Easy maintenance thanks to TopClean XP PUR surface treatment

Other suitable ranges: Platinium, Premium, Linoleum Veneto Xf2

WALL PROTECTION

ProtectWall 1.5

- \cdot Robust resistance to shocks and impacts
- · Decorative design
- Numerous possibilities of harmonious combinations with our flooring ranges
- · Easy to clean



Maria Aigner, Care Home Assistant Director, Parkwohnstift Arnstorf (Germany)

ID INSPIRATION TISSÉ BEIGE 24257082

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FOCUS: PROVIDING A HOME-LIKE FEELING

Using familiar patterns such as wood, ceramic and carpet contribute to creating a warm and welcoming atmosphere for everyone, residents, staff and visitors alike. The more comfortable people feel, the greater their overall well-being is.

ID Inspiration Polished Concrete Dark Grey 24207077



Acczent Excellence Brushed Oak Medium 25132026



Acczent Excellence 80 Carpet Intense Jean

COMMON AREAS: RECEPTION, LOUNGE, ACTIVITY ROOMS

Entrances and activity rooms must provide families and visitors with a positive first impression that will contribute to the care home's image. A homey and non-institutional environment will reassure families that their elderly relatives will be welcomed into an intimate and comfortable place.

Visual comfort Easy cleaning Low rolling resistance

TARKETT'S RECOMMENDED SOLUTION

FLOORS

> YOUR NEED: CREATING YOUR OWN IDENTITY

iD Inspiration 70

Luxury Vinyl Tile

- Endless combinations of format (planks and tiles), design and beveling
- Large choice of material effects (wood, carpet, stone)
- · High traffic resistance
- · Easy maintenance

> YOUR NEED: STYLISH & FAST RENOVATION

iD Click Ultimate Luxury Vinyl Tile

- · High traffic resistance
- · Minimize downtime & use immediately
- · Wood & stone designs
- · High acoustic performance: 19 dB

Other suitable ranges: iD Click, Acczent Excellence, Acczent Unik

FULLY CUSTOMIZABLE COLLECTION

iD Inspiration offers endless combinations through your choice of format, design, surface structure and beveling. Every aspect of the product is customizable with all decors.

ACCZENT EXCELLENCE 80 BRUSHED OAK MEDIUM 25132026

0 0

PROTECTWALL 1.5 UNI GREEN CELADON 26500038

FOCUS: LIMIT SOURCES OF POLLUTANTS TO CREATE A HEALTHY AND SUSTAINABLE LIVING SPACE

At Tarkett, we strive to support both our professional clients and consumers in creating healthy, beautiful and sustainable living spaces by making responsible choices for our products.



Phthalates have been the subject of scientific debate about their potential impact on our health, and we have been proactive in seeking alternatives to them. Since a phthalate-free plasticizer





The levels of total VOCs in our vinyl flooring are 10 to 100 times lower than the required EU standard EN ISO 16000.

BEDROOMS

Residents spend a lot of time in their bedroom. They need to feel good in their private space. Visual comfort and personalisation are certainly essential when designing this space, but there are other criteria to consider. Indoor air quality is especially important, as older people are more likely to be affected by air pollution. Limiting sources of pollution, such as volatile organic compounds (VOCs), and optimising ventilation contribute to ensuring good indoor air quality.



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TARKETT'S RECOMMENDED SOLUTION

FLOORS

> YOUR NEED: COMBINING HYGIENE & HOMEY DESIGN

Acczent Excellence 80

Heterogeneous Compact Vinyl

- · Large choice of wood designs & warm colors for a home-like feeling
- · 100% matte finish to avoid glare
- Easy maintenance thanks to TopClean XP PUR surface treatment
- Contributes to good indoor air quality (TVOC < 10 μg/m³)
- · 100% Phthalate free

> YOUR NEED: FAST RENOVATION SOLUTION

Acczent Unik

Loose-Lay Heterogeneous

- Reduces operating losses caused by renovation: - Installation 40% faster than glue-down solution
- Easily removable & replaceable at the end of life
- · 15 colors available
- · 100% matte finish to avoid glare
- \cdot Minimal maintenance thanks to TopClean XP PUR surface treatment
- · Contributes to good indoor air quality (TVOC < 10 μg/m³)
- · 100% Phthalate free

Other suitable ranges: Safetred, Tapiflex Essential 50

GRANIT MULTISAFE GREY BEIGE 3476745

AQUARELLE WALL HFS STONE DARK WARM GREY 3942042

FOCUS: PREVENTING FALLS AND THE FEAR OF FALLING

Colour contrasts

- · Do not exceed a 10-point LRV differential for the floorings between the bedroom and the bathroom to allow continuous movement.
- · Choose colours with an LRV difference of 30 points between floors and walls and between walls and sanitary equipment.

Slip resistance

Our wetroom flooring solutions provide confident grip for bare feet and reduce the risk of slipping, even when covered in soap and water.

BAREFOOT SLIP RESISTANCE (DIN 51097)

	CLASS A (OCCASIONAL WATER PROTECTION), ANGLE > 12°	CLASS B (SHOWER ROOM, CHANGING ROOM), ANGLE > 18°	CLASS C (CONSTANTLY UNDER WATER), ANGLE > 24°
Granit Multisafe	 	 	X
Granit Safe.T		X	
Optima Multisafe		x	
Primo Safe.T		x	
Multisafe Aqua	X (water rings)		X (stone & fibre wood designs)

EN SUITE & ASSISTED BATHROOM

A personal shower room that protects against slips and falls and is comfortable to use contributes to maintaining a care home resident's dignity and independence. Our complete wetroom solution, including walls, floors and accessories, provides easy access, safety and comfort, reassuring elderly people with reduced mobility that they can wash safely and without difficulty.

TARKETT'S RECOMMENDED SOLUTION

FLOORS

> YOUR NEED: THE SAFEST SOLUTION

Granit Multisafe

Homogeneous vinyl

- Studded surface for highest barefoot slip resistance: Class C
- · Highly flexible to ease installation and coving
- · Full watertight system with limited number of joints
- \cdot Contributes to good indoor air quality (TVOC < 10 $\mu g/m^3)$
- · 100% Phthalate free

> YOUR NEED: HOMEY DESIGNS

Multisafe Aqua

- Heterogeneous vinyl
- \cdot Choice of warm designs for a stylish shower
- · Easy-to-clean embossing with TopClean Xp PUR reinforcement
- · Full watertight system with limited number of joints
- · Contributes to good indoor air quality (TVOC < 10 µg/m³)
- · 100% Phthalate free

Other suitable ranges: Multisafe Aqua, Optima Multisafe, Primo Safe.T

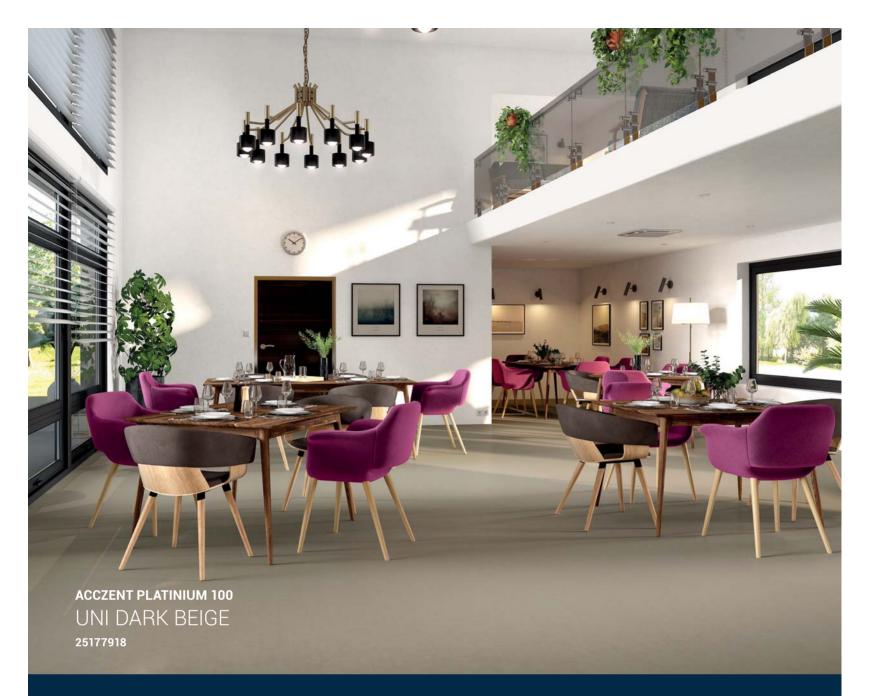
WALLS

Aquarelle Wall HFS Heterogeneous vinyl

- Numerous possibilities for harmonious combinations with our flooring ranges
- · Hygienic installation with a limited number of joints
- · Easy to clean

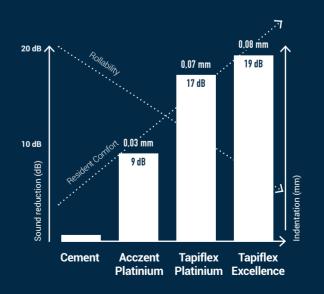
ACCESSORIES

- · Drains
- \cdot Cove formers
- · Junction profile



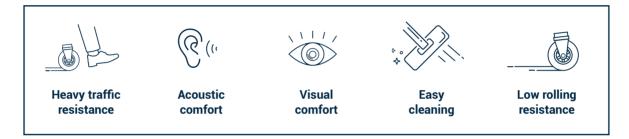
FOCUS: FIND THE RIGHT BALANCE BETWEEN ROLLABILITY & ACOUSTIC PERFORMANCE FOR THE COMFORT OF RESIDENTS & CAREGIVERS

Acoustic floors can impact rolling resistance, making it difficult for caregivers to push wheelchairs, whereas lower indentation provides better rollability but not as much sound absorption. It is therefore necessary to find the right balance between indentation, impact-sound reduction and comfort for residents and caregivers.



DINING ROOM

Meal times and the eating experience are key factors in the well-being and quality of life that residents experience. Beyond nutrition and hydration, meals are an opportunity for residents to form and sustain social relationships with fellow residents and their visitors. However, a noisy dining room can be really uncomfortable for people with impaired hearing and even disturbing for residents suffering from dementia. The noise can create anxiety and be an obstacle to interacting with table companions. It is therefore important to use sound-absorbent materials to dampen sound levels.



TARKETT'S RECOMMENDED SOLUTION

FLOORS

- > YOUR NEED:
 - COMBINING COMFORT & HYGIENE

Tapiflex Excellence 80

Heterogeneous Acoustic

- Large choice of warm & natural colors with 50% of the colors with LRV between 20 and 40
- $\cdot\,100\%$ matte finish to avoid glare
- · High acoustic performance (\(\Lw:19 dB))
- · Low rolling resistance
- Minimal maintenance thanks to TopClean XP PUR surface treatment

YOUR NEED:
GOOD BALANCE BETWEEN ROLLABILITY
& ACOUSTIC COMFORT

Acczent Platinium 100 Heterogeneous Compact

- · Choice of low-contrast patterns with a matte finish to prevent glare
- · Good acoustic performance: 9 dB.
- \cdot High wheelchair rollability thanks to a 0.03 mm indentation rating
- · High traffic resistance
- Easy maintenance thanks to TopClean XP PUR surface treatment

Other suitable ranges: iQ Granit Acoustic, iQ Optima Acoustic, Linoleum Silencio Xf2

		Homogeneous compact		He	terogeneous Com	pact	Heterogeneous acoustic		
		IQ RANGES	PREMIUM RANGES	ACCZENT	RANGES	LOOSE LAY	TAPIFLEX		
		iQ Granit / Optima / Natural / Megalit / Eminent /	Primo Premium / Eclipse Premium	Acczent Excellence 80	Acczent Platinium 100	Acczent Unik	Tapiflex Essential 50	Tapiflex Excellence 80	Tapiflex Platinium 100
		CORRIDORS	CORRIDORS, STORAGE AREAS	BEDROOMS	CORRIDORS, DINING ROOM	BEDROOMS	BEDROOMS	DINING ROOM	DINING ROOM
Ourability nd resistance	Commercial class EN ISO 10874	34	34	34	34	34	34	34	34
	Total thickness EN ISO 24346	2 mm	2 mm	2 mm	2.45 mm	2.10 mm	3.3 mm	3.25 mm	3.10 mm
	Wear layer thickness EN ISO 24340 (EN 429)	2 mm	2 mm	0.80 mm	1.02 mm	0.80 mm	0.50 mm	0.80 mm	1.02 mm
	Average indentation EN ISO 24343–1	0.02 mm	0.03 mm	0.03 mm	0.04 mm	0.03 mm	0.13 mm	0.10 mm	0.09 mm
	Resistance to impacts EN 259-2 (walls)	-	-	-	-	-	-	-	-
	Scratch resistance (walls)	-	-	-	-	_	-	_	-
	Thermal resistance / underfloor heating EN ISO 10456	Approx. 0.01 m² K/W Suitable – Max 27°C	Approx. 0.01 m² K/W Suitable – Max 27°C	0.02 m² K/W Suitable	0.02 m² K/W Suitable	0.02 m² K/W Suitable	0.04 m² K/W Suitable	0.04 m² K/W Suitable	0.02 m² K/W Suitable
Easy cleaning	Surface Treatment	iQ™	PUR Reinforced	TopClean XP™	TopClean XP™	TopClean XP™	TopClean™	TopClean XP™	TopClean XP™
	Surface Treatment performance	***	**	***	***	***	**	***	***
Acoustic comfort	Impact sound reduction EN ISO 717 / 2	-	-	3 dB	9 dB	4 dB	20 dB	19 dB	17 dB
	Acoustic Improvement NF S31-074	-	-	Class C	Class C	Class C	Class A	Class A	Class A
Slip esistance	DIN51130	R9	R9	R9/R10 (Wood)	R9	R9/R10 (Wood)	R9	R9/R10 (Wood)	R9
	DIN51097	-	-	-	-	-	-	-	-
	EN 13845 Annexe C	-	-	-	_	-	_	-	-
ndoor Air Quality	Total VOC emissions ISO 16000–9	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³
& Environment	Phthalate-free technology	yes	yes	yes	yes	yes	yes	yes	yes
	% Recyclable	100%	100%	100%	100%	100%	100%	100%	100%
	% Recycled content	26%	26%	33%	29%	28%	22%	21%	21%
Reaction to fire	EN 13501-1	Class Bfl s1	Class Bfl s2	Bfl-s1 glued over any A2fl or A1fl substrate (concrete) Cfl-s1 glued over any wood derivative substrate	Bfl-s1 glued over any A2fl or A1fl substrate (concrete) Cfl-s1 glued over any wood derivative substrate	Bfl-s1 glued over any A2fl or A1fl substrate (concrete) Cfl-s1 glued over any wood derivative substrate	Bfl-s1 glued over any A2fl or A1fl substrate (concrete) Cfl-s1 glued over any wood derivative substrate	Bfl-s1 glued over any A2fl or A1fl substrate (concrete) Cfl-s1 glued over any wood derivative substrate	Bfl-s1 glued over any A2fl or A1fl substrate (concrete) Cfl-s1 glued over any wood derivative substrate
	EN ISO 9239-1	$\geq 8 \text{ kW/ m}^2$	≥8 kW/m131	-	-	-	-	-	-
	EN ISO 11925-2	Pass	Pass	-	_	-	-	-	_

Linoleum	Luxury Vinyl Tiles		Homogeneous Heterogeneous			Homogeneous Heterogeneous			Heterogeneous		
XF2 2.5	GLUE DOWN LVT	CLICK LVT		SAFE	SAFETY SOLU		IS WETROOM CONCEPT		Y SOLUTIONS WETROOM CONCEPT WALL PROTECTI		WALL PROTECTION
Veneto / Style Emme / Style Elle	iD Inspiration 70	iD Inspiration Click	iD Click Ultimate	Granit Safe.T	Primo Safe.T	Safetred Design / Ion / Universal / Spectrum	Granit Multisafe	Multisafe Aqua	Aquarelle Wall HFS	ProtectWALL 1.5	
CORRIDORS	COMMON AREAS	COMMON AREAS	COMMON AREAS	ALL USES	ALL USES	ALL USES	WETROOMS	WETROOMS	WETROOMS	CORRIDORS	
34	34	34	34	34	34	34	31	33	-	-	
2.5 mm	2.5 mm	4.5 mm	6.5 mm	2.00 mm	2.00 mm	2.00 mm	2.00 mm	2.00 mm	0.92 mm	1.50 mm	
	0.70 mm	0.55 mm	0.70 mm	2.00 mm	2.00 mm	-	2.00 mm	0.55 mm	0.12 mm	0.35 mm	
0.08 mm	0.05 mm	0.09 mm	0.05 mm	0.02 mm	0.03 mm	< 0.10 mm	≤ 0.10 mm	≤ 0.10 mm	-	-	
	-			-	-	-	-	-	-	No visible bursts or cracks	
	-			-	_	-	-	-	-	Sclerometre test: Excellent No visible scratch to naked eye	
0.015 m² K/W Suitable	0.02 m² K/W Suitable	0.04 m² K/W Suitable	0.05 m² K/W Suitable	0.01 m² K/W Suitable – Max 27°C	0.01 m² K/W Suitable – Max 27°C	0.01 m² K/W Suitable – Max 27°C	Approx. 0.01 m² K/W Suitable – Max 27°C	0.01 m² K/W Suitable – Max 27°C	-	0.02 m² K/W	
Xf2	TopClean XP™	TopClean XP™	PUR Ultimate	Safety Clean™	Safety Clean™	Safety Clean™	-	TopClean XP™	_	TopClean XPTM	
***	***	***	***	**	**	**	-	***	-	***	
6 dB	2 dB	3 dB	19 dB	_	_	6 dB (Spectrum) 4 dB (Ion, Design, Universal)	_	_	_	_	
Class C	Class C	Class C	Class C	-	-	Class C	-	-	-	-	
R9	R9/R10 (depending on embossing)	R9/R10 (depending on embossing)	R9	R10	R10	R10	R10		_	_	
	-	-		Class B	Class B	-	Class C	Class A: Water rings Class C: Stone, Fibre wood	-	-	
	-	-		Esf / Esb		Esf	Esf / Esb	Esf / Esb	-	-	
< 100 µg / m³	< 10 µg / m³	< 10 µg / m³	< 100 µg / m³	< 10 µg / m³	< 10 µg / m³	< 100 µg / m³	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³	< 10 µg / m³	
yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
-	32%	-	-	-	25.5%	-	-	-	-	11%	
Cfl s1	Bfl-s1 glued on wood panel and concrete	Bfl-s1	Bfl-s2	Class Bfl s1	Class Bfl s1	Bfl s1 on cement	Class Bfl s1	Bfl s1 glued over any A2fl or A1fl substrate (on cement) Cfl s1 glued over any wood derivative substrate	B-s2, d0 on gypsum plasterboard and on A1 or A2 substrate	B-s2, d0 glued on any non-metal A1 or A2-s1,d0 class substrate	
-	-	-	-	$\geq 8 \text{ kW/ m}^2$	$\geq 8 \text{ kW/ m}^2$	-	$\ge 8 \text{ kW/ m}^2$	_	-	-	
_	_	_	_	Pass	Pass	_	Pass	_	_	_	

REFERENCES

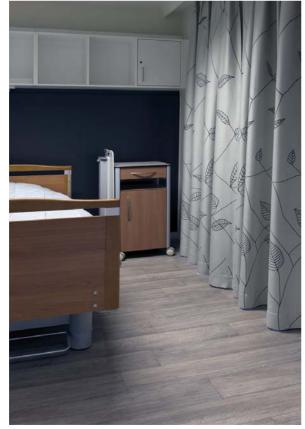
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Nursing home Soleil d'Automne, Saint-Laurent-Blangy – France Architect: Grégoire Noyer





Retirement home De Waterdam, Roeselare – Belgium Architect: Eeckhout



Nursing home Soleil d'Automne, Saint-Laurent-Blangy – France Architect: Grégoire Noyer



Nursing home St. Radegund, Athiès – France Agence Faucret



Retirement home Sint-Jan Berchmans, Hamont-Achel – Belgium



Alzheimer special care unit Mattaincourt – France Agence Bouthier



Alzheimer special care unit Mattaincourt – France Agence Bouthier





Nursing home Soleil d'Automne, Saint-Laurent-Blangy – France Architect: Grégoire Noyer



Retirement home De Waterdam, Roeselare – Belgium Architect: Eeckhout



Nursing home Maison du Parc, Saint-Ouen-l'Aumône – France Architect: Catherine Girardon

TARKETT, A TRULY GLOBAL COMPANY



€ 2.7billion net sales



21 acquisitions in the last 10 years



34 manufacturing sites



100 countries covered



1.3 million m² flooring sold every day

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